The district has set guidelines for the selection trials for each age group. It is important to note that four district teams will participate in the selection trials for their respective age group. If a district is unable to field a full team, players may be allocated to other district teams at the discretion of the team coaches and convenor.

A possible versus probable match may precede the Capricornia team announcement. This match may not take place if the selectors are satisfied that they can announce the team without a match.

The Capricornia coach will chair the selection meeting with all the team coaches/managers being selectors.

The Regional Coaching Director/Development Officer may be used in an advisory role during the trials.

Selection Process guidelines will be explained to coaches/players at the trials.